

ADVANCED CONVERSATION CLASS

Watch this video and answer the questions:

<https://youtu.be/W6CBb3yX9Zs>

How many people have got a cell phone on Earth?

- 3 millions
- 2 billions
- 6 billions

What is the average time that people spend on their phones?

- 5 hours per day
- 4.7 hours per day
- 1 hour per day

In 1970, what was the rate of nearsightedness in the USA?

- 1/4 of the population had myopia
- 3/4 of the population had myopia
- 50% of the population had myopia

How is the brain rewarded when we are playing Candy Crush?

- with few dopamine bursts
- with many dopamine bursts
- with no dopamine burst

What is the expression used when our brain receives dopamine?

- compulsion loop
- consumption loop
- conversation loop

What is the expression for the fear or anxiety of being without your phone?

- phobia
- nomophobia
- nanophobia

What is the negative effect of smartphones on our sleep?

- they disrupt it
- they destroy it
- they improve it

What is the role of melatonin?

- produce vitamins
- regulate sleep cycles
- stay awake

To have an Internet access, how many Americans are dependent on their smartphone?

- 6 percent
- 50 percent
- 7 percent

Why do some people take smartphone vacations?

- in order to increase productivity
- in order to lower productivity
- in order to increase quality